



**INVEST IN KIDS** works alongside Colorado communities to adopt, implement, and successfully scale proven programs that have the greatest long-term impact on young children and families experiencing poverty.

## HOW WE WORK

Trusted Relationships + Evidence-Based Programs + IIK Expert Implementation Supports =

# Better futures for Colorado's kids.

## PROGRAM APPROACH - Nurse-Family Partnership®

Nurse-Family Partnership (NFP) is an evidence-based, voluntary, community health nursing program for families living in poverty expecting their first child. Clients are partnered with a registered nurse early in their pregnancy and receive home visits until the child turns two. Nurse-Family Partnership is based on evidence from three randomized, controlled trials, and over 40 years of longitudinal research.

The program is uniquely effective due to the following characteristics:

- Voluntary enrollment of first-time mothers (an optimal time to promote positive behaviors)
- Long-term program duration (over 2 years)
- Delivered by highly trained, registered nurses with expertise in maternal/child health
- Relationship-based: nurses develop close, trusting relationships, with the mother and her child
- Strengths-based: an emphasis on clients' unique strengths and development of a positive vision and plan for their lives and the lives of their children

## OUTCOMES

- 31,000+ families served in Colorado since 2000
- 91% of babies were born full-term
- 85% of clients were screened for depression during pregnancy
- 94% of clients initiated breastfeeding
- 73% of infants were screened for developmental delays at age 10 months
- 91% of children were fully immunized at age 24 months



## RETURN ON INVESTMENT

**For every dollar invested in NFP in Colorado there is a \$7.90 cost savings to society.\***

\*Societal Return on Investment in Nurse-Family Partnership Services in Colorado. Ted R Miller, PhD, developed this fact sheet and the cost model underpinning it. This calculator was funded in part by NIDA grant 1-R01 DA021624. Fact Sheet Date: 2/21/2019

## LEARN MORE & CONTACT US